

THE COMMONS

BREAKFAST served from 08h00 - 12h00

TURKISH EGGS poached eggs + herby greek yoghurt + golden chilli butter + sourdough toast	120
BREAKFAST BOWL (GF) 2 scrambled eggs + wilted spinach + grilled mushrooms + avo + mung bean sprouts + kimchi + soy-toasted seeds	120
FAMOUS BREKKIE 2 eggs or tofu + roasted tomato + grilled mushrooms + avo + sourdough toast ADD lamb bacon + 45	140
RÖSTI POACHED EGG potato rösti + poached egg + wilted spinach + roasted cherry tomatoes + micro greens + avo	120
BREKKIE BUN fried egg + cheese + lamb bacon + home-made HP sauce + home-made bun	95
SOURDOUGH TOAST scrambled eggs + smashed avo + sourdough	95
BREAKFAST WRAP scrambled eggs or tofu + mushrooms + spinach + pesto mayo	110
OMELETTE cheese + corn + tomatoes + sourdough toast	120

ADD egg + 15 / halloumi + 30 / kimchi + 25 / lamb bacon + 45 / vegan sausage + 30 / avo + 25 / cherry tomatoes + 20 grilled mushrooms + 25 / cheese + 20

TOASTIES

served all day / on sourdough + potato wedges

CLASSIC cheddar cheese + tomato	95
CAPRESE fior di latte + tomato + homemade basil pesto	110
KIMCHEESE cheddar cheese + kimchi	110
CHICKEN MAYO free-range chicken + pesto mayo	110

WRAPS

served all day / in white flour tortillas + potato wedges

SATAY free range chicken/tofu + thai peanut satay sauce + carrots + cucumber + red cabbage + spring onions + coriander	120
GRILLED VEG grilled mushroom + aubergine + halloumi + homemade basil pesto dressing	110
MINCED VENISON BURRITO WRAP mexican style bean mix + rice + spinach + guac + cheese	130

BURGERS

served all day / on homemade brioche buns + potato wedges

COMMONS veg patty + in-house burger sauce + pickles + green leaves	130
VENISON 150g venison patty + cheddar cheese + caramelised onion + in-house burger sauce + pickles	160
BOERIE veggie OR beef sausage + cheddar cheese + caramelised onion + tomato & chilli chutney	90

BOWLS

served all day

MISO RAMEN miso broth + noodles + seared tofu + ginger + carrots + chilli soy boiled egg + spring onions + sesame oil + seeds	160
EGG-FRIED RICE red peppers + chilli + coriander + baby spinach + lime + soy sauce + topped with a fried egg	120
KATSU CURRY Japanese curry + panko fried aubergine + basmati rice + pickled red cabbage	140
BLACKRICE BOWL edamame + shredded carrots & cabbage + soy roasted seeds + avo + tahini dressing	130
TOMATO SOUP spicy + pesto drizzle + small toasted cheese	130

BITES

WEDGES regular / sweet potato wedges + chili mayo	60
SAMOOSA 4 jackfruit curry samosas + pineapple chutney	80
CHEESE QUESADILLA: kimchi or japaleño topping + salsa + sour cream	120
TOMATO BRUSCHETTA: 2 sourdough toasts + chopped tomato + pesto + whipped feta	75



ask for our smoothie menu

SCAN THE CODE: We have beautiful pictures on our website of the food on our menu

HOT DRINKS

Standards

ask for decaf on any	
Americano	32
Cappuccino	38
Cortado	34
Latte	40
Flat White	38
Double Espresso	30
Ice Coffee	40
Red Espresso	38
Hot Chocolate	36
MannaBrew caffeine free mesquite espresso	40
Tea selection try mixing teas together	28

Spoils

Mocha espresso + chocolate + milk	48
RedMochared cappuccino + cinnamon + chocolate	50
Dirty Mocha coffee + chocolate & chai	50
Turmeric Chai Latte	42
Dirty Chai cappuccino & chai	48
Irish Coffee americano + shot of whiskey	58
Oat Milk Alternative + II	

WINES

House

Groot Phesantekraal Bordeaux Blend	55/230
Doolhof Sauvignon Blanc	55/230
Remhoogte 'First Light' Chenin	55/230

White

Vriesenhof Chardonnay	60/240
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Rosé

Quando Mourvèdre Rosé	50/200
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Red

Doolhof Mountain Pinotage	55/230
Anura Merlot	55/230
Mason Road GSM - Light blend	240

COCKTAILS

 ** can be made into mocktails ** R80

Espresso Martini Vodka + Kahlua liqueur + double espresso	120
Brazilian Hot Toddy : cachaça + ginger liqueur + lemon juice + hot chai tea **	110
Caipirinha Brazilian cocktail with cachaca + sugar + lime	110
Negroni Gin + vermouth + campari + orange rind	120
Rooibos Orange Hot Gin + rooibos tea + orange peel + honey + cinnamon + clove **	110
Margarita : tequila + triple sec + lime (add jalapeño if you wish)	110
Mojito White rum + sugar + lime juice + soda water + mint **	110
Paloma reposado tequila + grapefruit tonic **	110
Pomegranate Tequila reposado tequila + pure pomegranate juice + soda water **	110
DIY : let us know what you'd like .. R120 - R160 (max 3 shots)	120-160
Shandy Lemonade + soda + bitters / super low-alcohol	60

NON-ALCOHOLIC

Devil's Peak Hero	40
Ginger Beer SF option / Theonista	54
Cola 34 degrees South	54
Creme Soda Theonista	54
Tea of Life kombucha	45
Monatea Ice Tea	35
Fruit Juice	45
Still/Sparkling Water	20
Tonic/ Soda / Ginger Ale	20
Euphorika Sceletium Drink	60
Pomegranate Juice	42
Kombcha on Tap	30

BEERS AND CIDERS

CBC Lager On Tap	38/56
CBC IPA On Tap	48/62
Black Label	38
Windhoek Lager	40
Windhoek Draught	48
Rekorderlig Cider	58
Savannah Dry	50
CBC Amber Weiss	60
CBC Lite	45

SPIRITS

Jack Daniels	36
Jameson	38
Bains	35
Johnnie Walker	32
Smirnoff Vodka	30
Suncamino Rum	34
Tanqueray	40
Craft Gin	35
Jagermeister	50
Tequila Cabrito Reposado 100% Agave	53